



LEADING THE WAY  
FOR GENERATIONS



# AUTUMN/WINTER 2022 MENU WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toad in the Hole with Mashed Potato & Gravy	Spaghetti Bolognese	Roast Chicken with Stuffing Roast Potatoes and Gravy	Mince and Onion Pie with Gravy and Creamed Potatoes	Battered Fish Fillet with Chips and Tomato Ketchup
Tomato and Basil Pasta	Cheese and Potato Cakes	Macaroni Cheese	Cheese and Tomato Pizza With Wedges	Quorn Sausage in a Finger bun with Chips
Jacket Potato with Cheese & Coleslaw	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Baked Beans
Tuna Mayonnaise Sandwich	Ham Baguette	Cheese Wrap	Roast Turkey in a Wholemeal Roll	Cheese Melt
Carrots Mixed Veg Fresh Salad Selection	Baked Beans Sweetcorn Fresh Salad Selection	Cauliflower Green Beans Fresh Salad Selection	Broccoli Carrots Fresh Salad Selection	Baked Beans Peas Fresh Salad Selection
Iced Lemon Cupcake	Flapjack and Custard	Sticky Toffee Pudding	Chocolate Sponge with Custard	Crunchy Biscuit with Fruit Wedges

Available Daily: Fresh Bread, Fresh Fruit Selection, a variety of Yoghurt Pots and Fresh Drinking Water



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## AUTUMN/WINTER 2022 MENU WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Burger in a Bun with Wedges	Chicken Curry With Wholegrain Rice	Roast Turkey, Stuffing, Roast Potatoes and Gravy	Mince & Dumplings with Mashed Potato	Fish Fingers with Chips and Tomato Sauce
Pasta Neapolitan	Cheese Omelette with Boiled Potatoes	Macaroni Cheese	Margarita Pizza with Wedges	Cheese & Tomato Quiche with Chips
Jacket Potato with Cheese	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans
Egg & Tomato Wholemeal Roll	Cheese Sandwich	Ham Baguette	Coronation Chicken Wrap	Cheese Melt
Peas Carrots Fresh Salad Selection	Sweetcorn Broccoli Fresh Salad Selection	Cabbage Mixed Veg Fresh Salad Selection	Green Beans Sweetcorn Fresh Salad Selection	Peas Baked Beans Fresh Salad Selection
Chocolate Cookie with Orange Wedges	Old school Iced Sponge with Custard	Cornflake Tart & Custard	Marble Sponge with Custard	Shortbread Fingers With Fruit Slices

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## AUTUMN/WINTER 2022 MENU WEEK THREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Goujons with Baked Wedges	Chicken Korma with Wholegrain Rice	Roast Pork, Stuffing with Roast Potatoes and Gravy	Chicken Pie with Creamed Potato and Gravy	Fish Fingers and Chips with Tomato Sauce
Omelette with Baby Potatoes	Cheese and Tomato Pizza Whirl	Macaroni Cheese	Quorn Sausages with Gravy and Creamed Potatoes	Bean Burger & Tomato Ketchup with Chips
Jacket Potato with Cheese & Coleslaw	Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Cheese	Jacket Potato with Baked Beans
Tuna Baguette	Cheese Wrap	Ham Sandwich	Egg & Tomato Wholemeal Roll	Cheese Melt
Mixed Veg Sweetcorn Fresh Salad Selection	Spaghetti Hoops Green beans Fresh Salad Selection	Carrots Cabbage Fresh Salad Selection	Swede Broccoli Fresh Salad Selection	Peas Baked Beans Fresh Salad Selection
Lemon Sponge & Custard	Hot Chocolate Fudge Cake	Apple Crumble with Custard	Vanilla Sponge & Custard	Chocolate Crunch with Fruit Wedges

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